

Sample of Abstract (Discussion Paper)

Title of abstract:	The Role of Family Physicians In Tackling Social Determinants of Health
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Abstract: Your abstract <u>must</u> use Times New Roman 12 font and not be more than 300 words in length.	<p>Context: Non-communicable diseases account for over 50% of the global health burden and most premature deaths are related to risk behaviours. To improve population health, one needs to tackle the determinants of health at the downstream micro-level such as diagnosis and treatment, midstream level including lifestyle and behavioural modifications and upstream macro-level such as policies, organizational changes, and investments in health.</p> <p>Objectives: This presentation discuss how a well-developed primary health care system with focus on family medicine would lead to better health status despite disparities in socio-economic conditions by addressing the determinants of health.</p> <p>Key messages: There is strong evidence between strong primary care system and improved health indicators as it integrates care where there is more than one health problem, and deals with the context in which illness exists and influences the responses of people to health problems. It rationalizes the deployment of resources directed at promoting, maintaining, and improving health. The unique features of comprehensive, continuous, longitudinal, and person-focused care may work to reverse some of the negative health effects of social inequalities by “short-circuiting” the ability of long-term stressors to produce chronic ailments. Evidence has shown that preventive interventions are best when they are not related to any one disease or organ system.</p> <p>Conclusion: The skills of family physicians would play a significant role in health improvement by serving the individuals, families and the communities bridging the gap between macro and micro levels, and pulling the community resources together to address the determinants of health.</p>