

**International Conference on Promoting Chronic Care  
8-10 January 2010  
The Hong Kong Polytechnic University  
(Jockey Club Auditorium)**

**Symposium III  
(as at 29 December 2009)**

**Date:** 9 January 2010, Saturday  
**Time:** 14:00 – 15:20

**SP III A – Body-Mind-Spirit**

Venue: Jockey Club Auditorium

14:00 – 14:15

**A0050**

**Prof. LEE Kyeong-Soo (South Korea)**

*Metabolic Syndrome among Users of a Health Promotion Center*

14:15 – 14:30

**A0068**

**Mr. Joseph LAW (Hong Kong)**

*The Sleep Hygiene Project: Can you Sleep through the Night? A New Service Model to Enhance the Awareness of and Coping with Insomnia*

14:30 – 14:45

**A0028**

**Prof. HUANG Fen-Fen (Taiwan)**

*Nationality Differences, Work Stressors and Work Adjustment among Foreign Nurse Aides in the Long-Term Care Facilities in Taiwan*

14:45 – 15:00

**A0044**

**Ms. LIU Kit-Han (Hong Kong)**

*Love Life as it is: an Evaluation on a Life and Death Educational Group for People with Chronic Diseases in Hong Kong*

15:00 – 15:15

**A0077**

**Mr. WONG Siu-Keung (Hong Kong)**

*A Pilot Study of the Physical and Psychological Impact of Square-stepping Exercise (SSE) on Local Elderly*

**SP III B - Evidence-based Practice I**

Venue: ST522 - 523 (Core T)

14:00 – 14:15

**A0005**

**Mr. Bobby NG (Hong Kong)**

*Qigong as a Physical Activity for Self-Management among COPD Patients*

14:15 – 14:30

**A0013**

**Ms. Priscilla SIU (Hong Kong)**

*Regular Yi Jin Jing Qi-Gong is Effective in Aiding Female Community Dwellers with Chronic Non-specific Low Back Pain: A Randomized Controlled Trial*

14:30 – 14:45

**A0038**

**Mrs. Noel CHIU (Australia)**

*Exploring the Experiences of Cantonese-Speaking Elderly who Use Chinese-Specific Senior Group Health Services in Sydney, Australia*

14:45 – 15:00

**A0021**

**Ms. Pauline WAN (Hong Kong)**

*A Pilot Study of Integrative Hypnotherapy for Depression with Insomnia*

15:00 – 15:15

**A0048**

**Prof. LEE Hee-Kyung (South Korea)**

*A Study on the Use of Complementary and Alternative Medicine with Cerebral Stroke Patients*

### **SP III C –Evidence-based Practice II**

Venue: TU103 (Core T)

14:00 – 14:15

**A0022**

**Dr. Kelvin TANG (Hong Kong)**

*Regression Hypnotherapy for Clients with Post Traumatic Stress Disorder*

14:15 – 14:30

**A0058**

**Ms. YAU Po-Ki (Hong Kong)**

*Effects of a Newly Developed Community-Based Stroke Rehabilitation Programme in Hong Kong*

14:30 – 14:45

**A0061**

**Mrs. Lorinda KWAN (Hong Kong)**

*Speech Therapy and Parkinson's Disease: Experience in Hong Kong*

14:45 – 15:00

**A0063**

**Ms. Lavinia WONG (Hong Kong)**

*The Role of Simplified Tai Chi in Promoting Health and Self Management Behavior*

15:00 – 15:15

**A0055**

**Dr. Gemma LAW (Hong Kong)**

*Moving Toward Community Partnership in Dementia Care between Family Caregivers and Service Providers in Hong Kong*

### **SP III D – Community-based Rehabilitation I**

**(in Mandarin)**

Venue: QR404 (Core R)

14:00 – 14:15

**Dr. LUO Wen-Bo (China)**

*Community Rehabilitation Services for Stroke Patients in Rural Areas*

14:15 – 14:30

**Dr. WANG Rongli (China)**

*A Research Study into the Requirements of Disabled Residents for Rehabilitation Services in Beijing*

14:30 – 14:45

**Mr. FU Keli (China)**

*A Collaborative Project in Community-based Rehabilitation*

14:45 – 15:00

**Prof. DAI Hong (China)**

*The Requirements of Disabled Beijing Residents for Rehabilitation Services*